

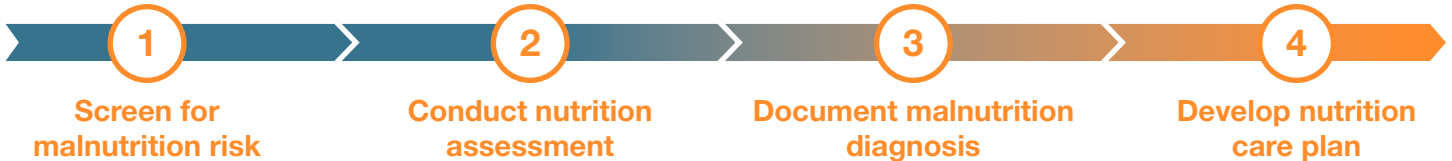
CMS Includes Global Malnutrition Composite Score (GMCS) for 2024 Hospital Quality Reporting

The GMCS is an evidence-based electronic clinical quality measure with 4 components reflecting inpatient malnutrition identification and care

The GMCS was adopted by the Centers for Medicare & Medicaid Services (CMS) as part of the Hospital Inpatient Quality Reporting (IQR) Program

The GMCS is the **1st and only** nutrition-focused quality measure endorsed by the National Quality Forum and included in any CMS payment program

GMCS Measure



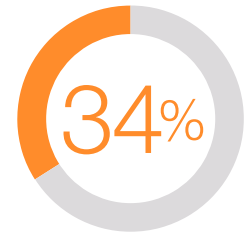
Malnutrition Is a Critical Public Health and Health Equity Issue



Malnutrition and its risk affect **20–50%** of hospitalized patients¹



Malnutrition is typically diagnosed in **<9%** of hospitalized patients, leaving many potentially undiagnosed and untreated²



Costs are **34%** higher for inpatient hospital stays among malnourished patients than for non-malnourished patients³



Social risk factors and existing chronic conditions increase malnutrition risk, disproportionately burdening vulnerable populations⁴

Implementation of the GMCS clinical quality components is associated with improved patient/hospital outcomes and supports the RDN's critical role in hospital care through:



Reducing hospital length of stay and infection rates⁵ and 30-day hospital readmission⁶

Lowering healthcare costs⁷ and advancing health equity⁸

Identifying at-risk patients and facilitating RDN engagement to ensure appropriate assessment and intervention/nutrition care plan

Documenting relevant nutrition diagnosis and discharge plans to **ensure continuity** through care transitions



Get started now! ▶

Visit <https://www.eatrightpro.org/practice/practice-resources/clinical-malnutrition> and www.malnutritionquality.org for step-by-step implementation guide, toolkit, and other resources

1. Barker LA, et al. Int J Environ Res Public Health. 2011;8:514-527. | 2. Guenter P, et al. Nutr Clin Pract. 2018;36:957-969. | 3. Curtis LJ, et al. Clin Nutr. 2017;36:1391-1396. | 4. Betor N, et al. January 12, 2022. <https://avalere.com/insights/leveraging-inpatient-malnutrition-care-to-address-health-disparities#:~:text=Leveraging%20Inpatient%20Malnutrition%20Care%20to%20Address%20Health%20Disparities,food%20insecurity%2E2%80%94that%20can%20widen%20disparities%20in%20health%20outcomes> | 5. Pratt KJ, et al. BMJ Open Qual. 2020;9:e000735. | 6. Valladares AF, et al. JPEN J Parenter Enteral Nutr. 2021;45:366-371. | 7. Sulo S, et al. Am Health Drug Benefits. 2017;10:262-270. | 8. Avalere, et al. 2022. <https://avalere.com/wp-content/uploads/2022/04/MQii-Roundtable-2022.pdf>