What is the Global Malnutrition Composite Score (GMCS)?

- The GMCS is an evidence-based electronic clinical quality measure with four components reflecting inpatient malnutrition identification and care.
- It was adopted by the Center for Medicare and Medicaid Services (CMS) as part of the Hospital Inpatient Quality Reporting (IQR) Program.
- It is the first and only nutrition-focused quality measure endorsed by the National Quality Forum and included in the CMS payment program.

**GMCS MEASURE**

1. **Screen for Malnutrition Risk**
2. **Conduct Nutrition Assessment**
3. **Document Malnutrition Diagnosis**
4. **Develop Nutrition Care Plan**

Implementation of GMCS clinical quality components is associated with improved patient/hospital outcomes as demonstrated by:

- Reducing hospital length of stay, infection rates, and 30-day hospital readmission
- Lowering healthcare costs
- Identifying at-risk patients
- Documenting relevant nutrition diagnosis and discharge plans

References


Register at nutritioncare.org/MAW22-GMSC