



Are You Interested in Advancing Malnutrition Care at Your Organization?

## Join the 2023 MQii Learning Collaborative

The Academy of Nutrition and Dietetics and Avalere Health invite you to join us in advancing malnutrition care across our nation in the 2023 MQii Learning Collaborative. This collaborative brings together leading hospitals and health systems across the U.S. to support acceleration and dissemination of malnutrition best practices for hospitalized patients. Learning Collaborative participants undertake a data-driven, patient-centered, malnutrition quality improvement project at their respective hospitals using a best practices Toolkit and can use clinically meaningful measures to track and monitor improvement.

### Why Malnutrition Matters

**20–50%**

of patients are at risk for malnutrition or malnourished upon hospital admission<sup>i</sup>

**9%**

Only 9% of hospitalized patients are diagnosed as malnourished, leaving others undiagnosed and untreated<sup>ii</sup>

**5x**

Adult hospitalizations with a diagnosis of malnutrition result in a five-fold likelihood of death<sup>iii</sup>

**54%**

There is a 54% increase in the likelihood of hospital 30-day readmissions for malnourished patients<sup>iv</sup>

### A Valuable Opportunity for Your Hospital and Your Patients

#### Value of the MQii

##### *Build on Continued Success*

More than 320 hospitals are already advancing malnutrition care through MQii Learning Collaborative participation

##### *Improve Outcomes That Matter*

High-quality malnutrition care is associated with better outcomes important to patients and clinicians, such as reduced length of stay and risk of 30-day readmissions

##### *Elevate Malnutrition Care*

Participants have increased facility-wide awareness of the importance of addressing malnutrition care gaps

##### *Participate at Your Own Pace*

Participation is customizable to fit the needs of your organization

#### Benefits of Participation at a Glance

- **Recorded webinars** featuring malnutrition and quality experts from around the U.S. (with opportunity for CPEUs)
- **Quarterly Learning Collaborative newsletters** to guide you throughout the entirety of the project
- Support using a comprehensive best practices **MQii Toolkit** and tools to enable eCQM implementation
- Opportunity to **collaborate with colleagues/peers from other leading hospitals** to improve malnutrition care
- **Technical assistance** with collection of performance data to track and monitor implementation progress
- **Trainings** about implementation of the Global Malnutrition Composite Score for CMS reporting
- **Virtual Coffee Breaks** for small-group discussions on various topics in malnutrition quality improvement
- **Opportunities to publish and present** on your organization's initiative and results

If you are interested in learning more about how your organization can participate in the MQii Learning Collaborative, please email [malnutritionquality@avalere.com](mailto:malnutritionquality@avalere.com).

*Learning Collaborative participation and all included resources are free.*

## Our Unique Approach

**The MQii offers a dual-pronged approach to malnutrition quality improvement, providing hospitals a malnutrition Toolkit and a complementary set of eCQMs to advance care quality.**

**The MQii Toolkit provides practical resources to enable hospitals to achieve optimal nutrition standards of care**



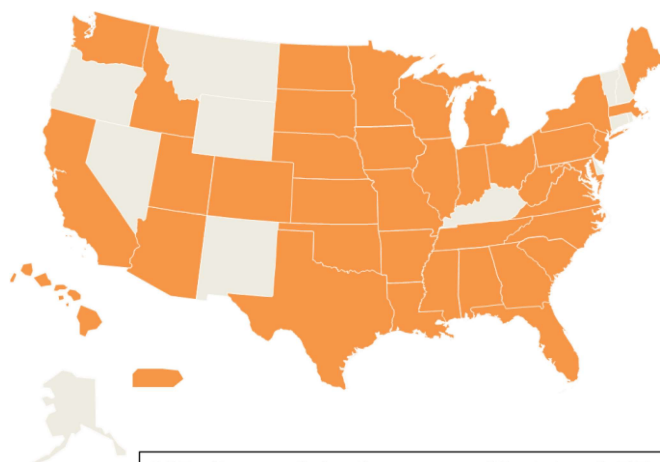
**Data reported from eQMs will help hospitals demonstrate their success in meeting the standards of care**

Learn more about the MQii Toolkit and eCQMs at [www.MQii.Today](http://www.MQii.Today)

## Experiences of Learning Collaborative Participants

Hospitals across the country implemented the Toolkit and quality measures in 2022. They exchanged best practices and provided a foundation for how to improve malnutrition care.

- ▶ *“Anybody can do this, whether this is your first journey into quality or not.”*
- ▶ *“The MQii provides the framework to walk you through the process and teach the necessary and important steps. I wish I had MQii years ago to help me get to where we are now.”*
- ▶ *“Involvement in MQii is helping us further advance an already strong culture of quality by providing a structured framework for identification of gaps and a strategy to achieve our aims.”*
- ▶ *“We thought we were doing quite well, but the MQii forced us to take a deeper look into our practice efforts and helped uncover some of our service gaps.”*



327 sites participating across 38 states &amp; PR

Click [here](#) and [here](#) to watch previous Learning Collaborative participants share their experiences. You can also view our [list of MQii publications and presentations](#) featuring Learning Collaborative members.

<sup>1</sup> Barker LA, Gout BS, Crowe TC. Hospital malnutrition: Prevalence, identification, and impact on patients and the healthcare system. *Int J of Environ Res and Public Health*. 2011;8:514-527.

<sup>ii</sup> P. Guenter, R. Abdelhadi, P. Anthony, et al. Malnutrition diagnoses and associated outcomes in hospitalized patients: United States, 2018. *Nutr Clin Pract*. 36 (5) (2021), pp. 957-969

11. Barrett ML, Bailey MK, Owen PL. Non-maternal and Non-neonatal Inpatient Stays in the United States Involving Malnutrition, 2016. ONLINE. August 30, 2018. U.S. Agency for Healthcare Research and Quality. Available: [www.hcupus.ahrq.gov/reports/isp](http://www.hcupus.ahrq.gov/reports/isp).

iv) Fingar KR, et al. Statistical Brief #281: All-Cause Readmissions Following Hospital Stays for Patients with Malnutrition, 2013. Agency for Healthcare Research and Quality, Healthcare Cost and Utilization Project. September 2016.